

Today's Take-Aways

Regional Updates

- Overall and thankfully at this time, the transmission of COVID-19 is on the decline, however other respiratory illnesses including influenza and RSV have been on the rise, particularly among the paediatric population. Falling ill to influenza is, for the most part, preventable through vaccination and this year the Flu shot is a good match for the strain of flu in transmission. As a result, public health is strongly recommending that everyone who is able to receive the Flu shot, ensure they get it.

- As a result of the increased transmission of respiratory illnesses, we are hearing that some hospitals that had previously started to relax their masking policies are reinstating them.

Acute Care

- Due to an unprecedented surge in children presenting to the emergency department at CHEO with severe acute respiratory infections including RSV, influenza and COVID-19, occupancy is sitting at over 200% and CHEO's level 2 critical care beds reached 317% occupancy earlier this week. As a result, Ontario Health has directed hospitals in our region, including PRH to avoid transferring youth age 16+ to CHEO except for those requiring treatment for eating disorders, chronic illness or sexual assault. As a result we will be making preparations on the clinical units to manage this patient demographic if required.

Flu Shot Campaign

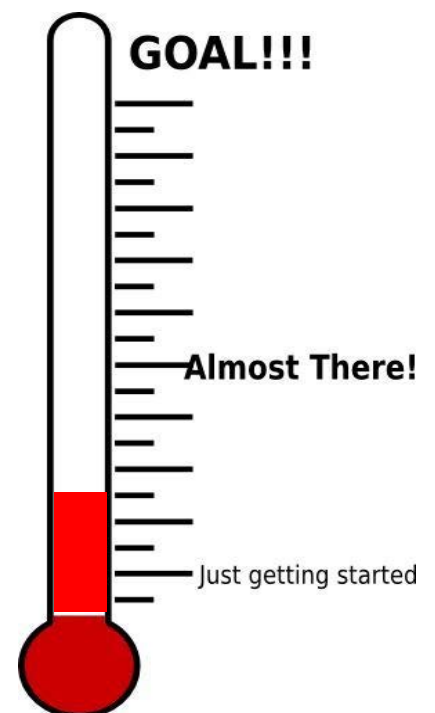
- All hospitals have received strong direction from Ontario Health to do whatever it takes to ensure widespread vaccination against influenza. Currently, our staff vaccination rate sits at approximately 25% and in order to protect ourselves we need to do better. Our Infection, Prevention and Control team in collaboration with Occupational Health and Safety are working hard to ensure the Flu shot is widely available and accessible and are finding innovative ways with incentives to boost our vaccination rate. Please take advantage of these opportunities.

Infection Prevention and Control

- For the first time in quite a while we are celebrating that fact that we are not currently experiencing any COVID-19 outbreaks among our patient population.

Occupational Health and Safety

- One of the lessons learned through the height of the pandemic was the importance of connecting with Occ Health when you have symptoms of illness in order to discuss those symptoms and your circumstances in order to evaluate if you should be coming to work.



Today's Take-Aways Continued

While COVID-19 transmission has declined, there is still a need to self-evaluate prior to every shift and connect with Occ Health before proceeding to work if you are symptomatic. While it may be “just a cold”, coming to work when you are sick may not be the best decision which is why we ask all staff with symptoms to call Occ Health at extension 8200 to discuss your situation.

- It should be noted that, at any given time, a personal safety plan could be in place for an employee that helps ensure they have a safe environment while they are at work. These plans are put in place for a variety of reasons that may not be known to co-workers.

While we appreciate staff being helpful, there could be instances where that could put one of your co-workers at risk. As a result, if you are in a situation where someone approaches you or you receive a phone call asking where to find a co-worker, please be cautious how you answer. In these cases, the best reply might be to take a message or get a phone number where that person can be called.

Some signs to watch for:

- A spouse asking what shift their partner is working
- Someone asking what unit a specific person works on as opposed to looking for a physician's office or department/unit
- Agitation in actions or in the voice of the person asking
- Someone asking where an employee parks

Joint Health and Safety Committee

- One of the functions of the Joint Health and Safety Committee is to conduct monthly workplace inspections. Not only is it an opportunity to look for hazards, but it is also an opportunity for the committee members to engage staff around processes and procedures. This in turn provides frontline feedback to the committee to help them evaluate how programs are working. So if you see committee members in your area, feel free to speak up so that, where possible, improvements can be made.

Emergency Preparedness

- A reminder that November's Code of the Month has been changed from Code Green to Code Brown.

Departmental Updates

Diagnostic Imaging

- The Fluoroscopy room renovations are underway in preparation for receipt of our new equipment.
- Continuing CT contrast and Nuclear Medicine Isotope shortages are causing some disruptions in our services.

Food Services

- The department is developing Standard Work for ordering and preparing nutrition carts for the families of palliative patients.

Medical

- This week the team welcomed our first Health Care Aide. Our second will be joining the team later this month. We are all excited about having them join the interdisciplinary team to support our patients and families.

Pharmacy

- The Pharmacy team is pleased to offer a Respiratory Syncytial Virus (RSV) clinic again this year in our ambulatory clinics at PRH. RSV is a virus that can cause colds and lung infections in young children. It is very common, causing infections in about half of all babies under one year old during their first winter. Most of the time, it causes a mild cold; but, it can also cause more serious lung infections like bronchiolitis.

Today's Take-Aways Continued

To be eligible for our RSV Prophylaxis Program, the infant must be a resident of Ontario and meet the program's clinical criteria. Eligibility is typically confirmed, and funding applied for, by the RSV program coordinator at CHEO. The RSV prophylaxis program start date is determined by the Ministry of Health and Long-Term Care.

This year we started our clinic on November 7th. The eligible babies receive up to six doses starting in November, getting approximately one injection every month until March of the following year or until the Ministry of Health declares the season over.

If you know someone who you think is eligible please contact your family doctor or Grace Weisenberg (ext. 6566).

Spiritual Care

- Approximately 200 family and friends who have lost loved ones here at our hospital attended a special memorial service held at Our Lady of Lourdes Church on November 13th. This was the first public memorial we have hosted since November, 2019 due to COVID-related restrictions. Previously, our memorial services were held twice annually and covered those lost during a six-month period, but for this larger gap, we sent out personalized invitations to next of kin for patients who died while in our care between July 1, 2021 and June 30, 2022. We also noted on the invitation that if they knew of others who had died the year before, they could contact Spiritual Care and also attend this year's service.

Our gratitude is extended to the many hospital and community members who worked to plan and host the memorial service, including Pierre Noel and Sabine Mersmann who welcomed those in attendance and took part in a candle lighting ceremony. Spiritual Care volunteers assisted with set up, ushering, ushering and take down, and they spoke with family members during the reception. Alycia Fraser from our Administration team sent out many invitations and both prepared and printed booklets for the memorial. The service was led by a Catholic priest and a Protestant pastor, and Dr. Scott Murray gave a reflection on survivorship.

Surgery/OR

- Same day joint surgery continues to be offered to eligible elective knee replacement patients. Thanks to all of our team members for the incredible collaborative work to help support this important initiative for our patients.

- A new Health Care Aide started orientation this week and we will be joined by two more on November 28th!



Equity | Diversity | Inclusion

Upcoming Recognition and Celebration Dates

November

Nov. 19 International Men's Day
Nov. 20 National Child Day

December

Dec. 18 Hanukkah
Dec. 25 Christmas
Dec. 26 Kwanzaa
Dec. 26 Boxing Day

ACCREDITATION 2023 EDUCATION CAMPAIGN



ACCREDITATION HUB!

ONLINE-VIRTUAL HUDDLE BINDER

Central space for all information related to Accreditation to be hosted. The HUB will be located within the Staff Resources Section of the PRH Website. Less paper with increased accessibility!

[www.https://www.pemreghos.org/accreditationhub](https://www.pemreghos.org/accreditationhub)



QUICK TIP CAMPAIGN

EMBEDDED INTO ARTICLES!

Q-Tips are pocket-sized cards that outline key information about a PRH process in a condensed format. They are hidden in Accreditation articles within PRH Accreditation Hub.

KAHOOT! SCAVENGER HUNT!

STOP AND TAKE THE CHALLENGE

Come find the 'floating' education resource center for ALL THINGS accreditation. Test your knowledge at with our Kahoot challenge to see who raises to the top.



ACCREDITATION | April 3 to 6, 2023

KEY INFORMATION ARTICLES

TAKE THE QUIZ AND SELF-REFLECT

Articles are written by frontline staff. They are short descriptions of important topics that highlight PRH processes, procedures and systems that are applicable to supporting accreditation standards. They include information with direct access to PRH policies, FAQs & more. A self-reflective quiz is included to test your knowledge of the topic.

WIN PRIZES!

LOTS OF OPPORTUNITY TO WIN

Weekly draw

Take the self-reflection quizzes

Spot Prizes & monthly draw:

Participate in the hospital wide Kahoot! Scavenger Hunt

Grand Prize draw:

Collect all the Q-Tips

MORE INFORMATION CONTACT
DANIELLE.RAE@PRH.EMAIL
KIRSTEN.JOHNSON@PRH.EMAIL



CELEBRATIONS

To include a special message in this section, email celebration&recognition@prh.email.

Correction:

Please note that two of our physician names were incorrectly spelled in the November 3rd Celebration section of The Pulse. They should have been written as Dr. Bzdell and Dr. Denis.

- Katie Hollahan recently celebrated **Karen Lavigne** for her quick and effective response in changing the clinic dates for our Rapid Assessment Clinics. Thanks for your great support!

- Carolyn Levesque recently celebrated **Kirsten Johnson** for her support and for always being available for questions and directions. Thank you for your great effort on all fronts, but especially accreditation and infection control.

- I would like to celebrate **Alycia Fraser** for putting so much together on relatively short notice for our hospital memorial service that took place this past Sunday, Nov 13/22. Alycia worked efficiently on a lot of related tasks - accessing lists of patients who passed away in our facility, getting personalized invitations made and mailed out quickly, putting together name cards for each of the 45 people we honoured at the service once family gave their permission, editing and printing brochures for the service, and more. Great work, Alycia! *Garry Engler*

- Celebrating the **ED, OR, Resource, Surgeon/Anaesthesia teams** with the multi-trauma patients this morning (November 17th). Every member worked well together and helped one another ensuring a safe and efficient environment to ensure excellent patient care. Well done, to everyone involved! *Heather MacMillan*

- Celebrating **Isaac Anderson** who was asked by Clinical Resource to assist on Surgical on October 16th. He did numerous tasks when asked (patient assists, gave meds, obtained swabs, cleared meal trays etc.). It would have been challenging without his help. *Lauren, Sydney and Taylor*

- "I wanted to highlight the team on October 23rd. A patient in critical condition presented to the ED in the evening and **Megan and Tracey** stayed to help and **Deidra came from ICU** to help as well. The same night we had 11 admissions and a full department and managed it with **Baylie/Julie/Karen** and myself.

Many of the admissions were challenging and everyone worked together to manage them. **Hailee from Obstetrics** also came down and helped us with patient care on 8+ patients and also with orders. I also wanted to highlight that **Rusty** was very helpful on the night of October 24th. I was the only nurse in the department that could triage and he supported me very much, he's always willing to help, accept more patients into his assignment, and has a calming presence. I would also like to shout out to **Catrina RT** who goes above and beyond - on October 24th we had many sick kids come in and she was so quick to come and assess them, give treatments, do vitals, provide education to parents, and also re-assess. You can tell she genuinely cares about the patients and advocates for them. Her assessment skills are very thorough. **Baylie** has also been an amazing asset to the ED with her positive attitude, willingness to help, competency in using resources to review skills, and she is quick to help with orders, answer call bells, deal with beeping IV alarms and she is really doing amazing. Another shout out to **Kaley and Laurie** who worked the floor. I'm so thankful when the team comes together even when it feels like everything is falling apart around you." *Brooke Ullrich (ED RN)*

Get Your Flu Shot And You Could Be \$500 Richer!

It's time to get your flu shot! This year, it's more important than ever to get vaccinated as we are anticipating an influenza surge during this respiratory illness season.

As a bonus, everyone who gets a flu shot will receive a ballot for a chance to win \$500 cash! The draw takes place Dec. 14th. Drop-in clinics are now running!

A large, bold, red 3D-style graphic of the number '500' with a dollar sign '\$' to its left. The text is rendered in a thick, sans-serif font with a slight shadow effect, giving it a three-dimensional appearance.

The PRH Staff Association Presents The
2022 Christmas Dinner and Dance
Saturday, December 3rd
At Germania Hall, Pembroke



Doors open at 5:30 p.m. / Ullrich's Roast Beef & Chicken Buffet Served at 6:30 p.m.
Dance 9 p.m. to 1 a.m. (Music by VSM Entertainment) / Prizes
Pizza late lunch / Complimentary Non-Alcoholic Beverages

TICKET COST: SA Members \$25 / Non-Members \$40
Dance Tickets Only (9 p.m. to 1 a.m.) \$10 in Advance.

Tickets are available until 4 p.m. November 23rd in office
A128 (next to the Foundation).

Dance Only tickets will remain available until Nov. 30th.



All payments by CASH or CHEQUE



RESERVED SEATING:

Full tables or single seats will be booked on a first-come, first-serve basis.
If booking a full table, all tickets must be paid for at the same time to reserve. All reservations are final.
All tickets are non-refundable. For more information, call Carolyn @ 6165 or email pr@prh.email.



Sunday
December 11th,
12:30-3 P.M.
Petawawa Civic Centre
(Upstairs Hall)

FREE for Staff Association Members and their families.

However, advance sign up is required,
along with a \$10 deposit per child which will be
refunded upon arrival.

If You Will Be Skating, Please Indicate The Number Of
Skating Passes Required At Registration.

Non-Members are welcome at a cost of \$10 Per Child.

To register, call, email or visit Carolyn Levesque:
Ext. 6165 / pr@prh.email / A128 (next to Foundation)

PLEASE NOTE THAT
Registration closes at 4 p.m. Friday, December 2nd.

PARTY SCHEDULE

12:30 pm. - Pizza lunch

1-2 p.m. - Skating available (passes required)

1:15-2:15 p.m. - "Rudolph Rocks" stage show

Dressed as Santa's Helpers, Junkyard Symphony adds a Christmas theme to their all ages circus/junk music show as they introduce their friend Rudolph the Red Nosed Junkdeer. Guests are welcome to wear Christmas colours and costumes.



2:15-3 p.m. - Visit with Santa

JAVA/JUICE AND A JAB

get your

Flu



Shot

Thursday,
November 24th
8:30 to 11:30 a.m.
The Lunch Box

You could
WIN \$500

**GET YOUR FLU SHOT AS PART OF YOUR MORNING BREAK ROUTINE
AND RECEIVE A VOUCHER FOR A FREE COFFEE OR JUICE!
(VOUCHERS MUST BE USED IN THE LUNCH BOX THE DAY OF THE EVENT)**

EVERY NEW FLU SHOT RECIPIENT GETS THEIR NAME IN THE DEC. 14TH DRAW FOR \$500 CASH!

CONSTRUCTION CORNER

Tower A:

- Commissioning of the new equipment and systems is still ongoing as part of the 5th floor *Cancer Care Project* for Pharmacy. We experienced further delays with some new components that were found to be defective and needed to be replaced.
- Regarding the *Surgical Day Care* project, most of the work has been completed in the new chapel. Temporary doors and ceiling tiles were installed until the new ones are received. Occupancy is forthcoming. The asbestos abatement was completed in the old Chapel and demolition work will start with the removal of the concrete slab on the altar. A second medical gas shutdown will be required to install new shut off valves since additional gas lines were discovered after the demolition in the old OR area.
- The 4th floor LDRP renovation work has been focused inside the Nursery. Sprinkler piping is being installed in the Rotunda.
- In the Physician Lounge, the cupboards, counter, sink and faucet were installed.
- In the 1st floor women's washroom across from Medical Records, a new vinyl floor was installed, the partitions and toilets were re-installed and the room was painted.
- A new ductless split air conditioning system was installed in the Physician Charting room A130.

Tower B:

- The contractor started work on the Fluoro equipment upgrading in DI. All the old equipment was removed on November 4th.
- A second video camera was installed in Zone B to monitor the corridor.

Tower C:

- Both the main and the penthouse roofs were completed.

Tower D:

- Additional overhead paging ceiling speakers were installed on both the Ground and 1st floors.



Guardian Angels



Dr. Sarah Leavey

"Thank you so much for being such an amazing OB. And for answering my many questions and concerns and making me feel less anxious. The best bed side manner."



Dr. Mylene Gagne

"Thank you for your compassion during René's last days. You took the time to talk to the family. You cared. It meant a lot."



Week #6— \$7,500 estimated Jackpot!

www.PRHcatchtheace.ca

Pembroke Regional
Hospital Foundation

Fondation de l'Hôpital
Régional de Pembroke

AUTO LOTTO
FOR HEALTHCARE

Cancer Care
CAMPAIGN

Get your Auto Lotto tickets today
for a chance to win a 2022 Toyota
Corolla Cross AWD XLE SUV

OR

\$32,000 CASH!!

Tickets on sale at the Foundation
office (cash & debit)

Or online at

www.autolotto.ca

GRAND PRIZE DRAW NEXT

THURSDAY, NOVEMBER 24, 2022
11:30am

ONLY DAYS LEFT TO ENTER
DEADLINE TO PURCHASE TICKETS NOV 24 11:30AM

WIN A 2022 TOYOTA COROLLA CROSS XLE AWD SUV OR \$32,000 CASH

LOTTERY LICENSE RAF375157

**CELEBRATE THE SEASON WITH US AT OUR
CHRISTMAS OPEN HOUSE DAYS**

Monday, November 14th to Wednesday, November 30th

RECEIVE 20% OFF ALL REGULAR PRICED MERCHANDISE*

SPECIAL DRAWS & GIVEAWAYS ON FRIDAY, **NOVEMBER 25TH** AT
OUR **STAFF & CUSTOMER APPRECIATION DAY** FROM 10:00 TO 4:00

COMPLETE YOUR SHOPPING WITH A COFFEE AND A MUFFIN FOR
\$1.00 AT THE MURAL CAFÉ

CHECK OUT OUR NEW HOSPITAL CLOTHING AND GIFT ITEMS

THANKS FOR YOUR CONTINUED SUPPORT AND HAPPY HOLIDAYS
FROM THE VOLUNTEERS AT THE SUNSHINE GIFT SHOP & THE MURAL
CAFÉ

*Volunteer & Staff Discounts will be applied to sale price

PRH'S SUNSHINE GIFT SHOP

Once again, our hospital is supporting the Family and Children's Services' Angel Tree program that matches the needs and wishes of local children with generous community-based sponsors.



We currently have gift profiles for 16 children available for sponsorship.

All gifts – unwrapped – must be returned to office (A128 next to Foundation) by 4 p.m. December 1st.

HIS & HERS
Gourmet Grazing



November's PRH Staff Association Treat Day

Featuring A Snack Bag From
His & Hers Gourmet Grazing

Thursday, November 24th,

12 - 2 p.m.

(Room A128 Next To PRH Foundation)

PLEASE NOTE:

1. Everyone needs to pre-order, either as part of a group or individually. If pre-ordering individually, please note that your order will not be placed for collection with your department. It is assumed that the individual will pick it up or assign a designate to do so.
2. All pre-orders must be submitted by email to pr@prh.email by 4 p.m. November 18th.
3. All pre-orders must be picked up during the distribution period on November 24th.
4. Please note that groups who arrange pre-orders are responsible for ensuring all staff on their lists:
 - are active Staff Association members and are IN THEIR DEPARTMENT
 - wish to receive this month's treat
 - receive their items after pickup

